

# Mix & Match Your Yesh Shabbat Schedule

What do you like to do?  
 What would you like to try?  
 How long are you staying?  
 It's that easy!



## Half-Day Courses

Choose one morning class and one afternoon class weekly! Each class is 12.5 total hours and includes a curriculum of demos, lessons and hands-on projects.

### Morning & Afternoon Classes

9:30 – 12:00	Art, Design & Photography 12.5	Basketball 12.5	Business 12.5
	Dance, Yoga & Fitness 12.5	Fashion 12.5	Kosher Cooking 12.5
	Music 12.5	SAT Prep 12.5	Tennis 12.5
<b>LUNCH</b>			
1:30 – 4:00	Art, Design & Photography 12.5	Basketball 12.5	Business 12.5
	Dance, Yoga & Fitness 12.5	Fashion 12.5	Kosher Cooking 12.5
	School of English 12.5	Tennis 12.5	

OR

## Full-Day Courses

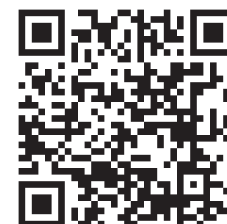
Get the most out of your stay by taking our more intensive 25 hour full-day class. You'll dive deeper into the subject of your choice and complete more intensive projects.

### Full-day Classes

9:30 – 12:00	Golf 25	Tennis 25	Basketball 25
	<b>LUNCH</b>		
1:30 – 4:00	Golf 25	Tennis 25	Basketball 25

Enroll in your selected classes at [jkcp.com](http://jkcp.com).

Want more? Most students stay for multiple weeks to enjoy even more!



# Yesh Shabbat Courses

## Full-Day Courses

### Basketball 25

Our basketball program teaches players the skills they need to be a tough competitor on the court.

- Directed by pro players and high school, college and Maccabiah coaches
- Instruction and competition using collegiate drills
- Instruction centers on refining fundamentals, developing offensive and defensive strategies, conditioning and the mental aspects of the game.
- Compete in weekly tournaments
- All levels welcome. Grouped according to skill level.

### Golf 25

The Julian Krinsky School of Golf at Yesh Shabbat will develop your complete golf game.

- Personalized coaching with a 4:1 ratio
- Taught by PGA and EGTF professionals
- Focus on technical, tactical, physical and mental skills
- Compete on 9-15 holes daily
- Over 15 prestigious area courses
- Develop every part of your game: the complete swing, the scoring shots, putting, rules and etiquette, course management and tournament play.
- All levels welcome. Grouped according to skill level.

### Tennis 25

The best of the Julian Krinsky School of Tennis comes to Yesh Shabbat to improve every aspect of your game.

- Personalized coaching
- Taught by USPTA, USPTR and ITF professionals
- Technical, tactical, physical and mental skills
- Match play, drills and Davis Cup
- 50 outdoor hard-surface and clay courts and 28 indoor courts at prestigious area clubs including the Gulph Mills & Narberth Tennis Clubs
- All levels welcome. Grouped according to skill level.

## Half-Day Courses

### Art, Design & Photography 12.5

Explore design through all kinds of media including drawing, photography and graphics.

- Explore color, layout, proportional relationships and negative space
- Try your skills through graphic, logo and custom T-shirt design
- Learn how to use camera functions to take great pictures
- Digital and traditional dark room photography
- All levels welcome.

### Basketball 12.5

Spend a morning or afternoon on the court working on the fundamentals of your game.

- Directed by pro players and high school, college and Maccabiah coaches
- Instruction and competition using collegiate drills
- Instruction centers on refining fundamentals, developing offensive and defensive strategies, conditioning and the mental aspects of the game.
- Compete in weekly tournaments
- All levels welcome. Grouped according to skill level.

### Business 12.5

Young entrepreneurs. Are you interested in business?

Want to go beyond the basics and learn about making, saving, giving and growing money? For almost 20 years, our students have invested in this course. You will:

- Create your own business and present your plan to a team of venture capitalists
- Understand and develop a strong stock portfolio
- Navigate the global economy from our mock trading floor
- Enhance your leadership, networking and problem solving skills
- Brainstorm business with your peers

### Dance, Fitness & Yoga 12.5

So you think you can dance? If so, you'll love our high-energy, combo-course taught by a passionate dance professional.

- Yogalates, Vinyasa Hatha, Power Yoga and many more
- Balance your body and mind
- Hip Hop, hypnotic Latin rhythms, Aerobic Jam and Zumba
- Total body toning and heart-pumping cardio
- Professional stage and air-conditioned studio space
- All levels welcome

### Fashion 12.5

DIY (Do-It-Yourself) is everywhere right now. And fashion is no exception. We'll simplify the steps so you can design your signature fashion elements now and when you get home.

- Embellish, re-create, and accessorize
- Trendy tassels to designer dots
- Get the buzz from the runway with our insider expert
- Explore your inspiration, get outside the box, and create your own pieces

### Kosher Cooking 12.5

Begin to create a more sophisticated palette as you discover new ingredients and experiment with exciting flavor blends using kosher foods from around the world.

- Basic knife skills to hands-on prep
- Create fresh, locally-sourced, authentic recipes
- Become a more skilled chef
- Expert demos by chef instructors
- Learn what is "hip" kosher food
- Improvise to create your own unique dishes

### Music 12.5

From studio to stage, this course develops musician's performance, composition, ensemble playing and recording skills.

- Come as a band or come on your own and be placed in a genre-specific band
- Grow as a solo artist

- Personal instrument coaching and group performance
- Produce your band's CD at a professional recording studio
- Weekly gigs at popular Philadelphia venues
- Bring your own instrument or use one of ours

### SAT Prep 12.5

JKCP offers its proven SAT® preparation program:

- Latest preparation tools
- Curriculum tailored to you
- Specific advice based on an analysis of your test taking performance
- Realistic practice and personalized feedback
- Full-length practice exams during session

### School of English 12.5

Fast-learning approach to language education in a fun campus setting. Whether you come from Asia, Europe or South America, you'll leave speaking English more confidently.

- Complete American immersion
- Prep for Cambridge and TOEFL Exams
- All levels welcome. Improvement guaranteed.

### Tennis 12.5

Get the best of the Julian Krinsky School of Tennis with only a half-day commitment.

- Personalized coaching
- Taught by USPTA, USPTR and ITF professionals
- Technical, tactical, physical and mental skills
- Match play, drills and Davis Cup
- 50 outdoor hard-surface and clay courts and 28 indoor courts at prestigious area clubs including the Gulph Mills & Narberth Tennis Clubs
- All levels welcome. Grouped according to skill level.